

Liebowitz Social Anxiety Scale (LSAS) is a questionnaire whose objective is to assess the range of social interaction and performance situations that individuals with social phobia may fear and/or avoid. It is also a popular measurement tool used by researchers to evaluate the efficiency of various social anxiety disorder treatments, including pharmacological trials. A modified social anxiety scale exists for children and adolescents.

The questionnaire includes 24 items. Each item consists of a given situation, the rate of anxiety (0 to 3 = none, mild, moderate, severe) and the rate of avoidance (0 to 3 = never, occasionally, often, usually).

Situation	Fear	Avoidance
1. Telephoning in public		
2. Participating in small groups		
3. Eating in public places		
4. Drinking with others in public places		
5. Talking to people in authority		
6. Acting, performing, or giving a talk in front of an audience		
7. Going to a party		
8. Working while being observed		
9. Writing while being observed		
10. Calling someone you don't know very well		
11. Talking with people you don't know very well		
12. Meeting strangers		
13. Urinating in a public bathroom		
14. Entering a room when others are already seated		
15. Being the center of attention		
16. Speaking up at a meeting		
17. Taking a written test		
18. Expressing appropriate disagreement or disapproval to people you don't know very well		
19. Looking at people you don't know very well in the eyes		
20. Giving a report to a group		
21. Trying to pick up someone		
22. Returning goods to a store where returns are normally accepted		
23. Giving an average party		
24. Resisting a high pressure sales person		