## TABLE 1 - CPAS Items from

"The Children's Perceptual Alteration Scale (CPAS): A Measure of Children's Dissociation"

by
Mary Evers-Szostak, Ph.D. and Shirley Sanders, Ph.D.

<u>Dissociation</u>, Volume V, No. 2, June 1992

TABLE 1 CPAS Items	never	Some- times	Often	almost alway
1. When I'm awake, I feel like I'm dreaming.				
2. I'm grouchy, but I don't mean to be.				1
3. I cannot sit still.	1			-
4. I am hungry.	1	-	l	-
5. When I start laughing, I cannot stop.	<del> </del>			
6. When I'm tired, I do things without thinking.		1		
7. I forget what I am supposed to do.				
8. I don't like to be at school.				
9. I eat even when I am not hungry.				
10. I think I want to write, but my hand			<b></b>	
does not want to.		1	1	Ì
11. I love my friends, but I hate them, too.				
12. I play many games all at the same time.				
13. I steal things, but I don't want to.				
14. When someone calls me, I don't recognize				
my name.				
15. My feelings change, but I don't want them to.				
16. I do not remember what people tell me.	-	1		
17. I don't know how I got to school.				
18. I hide my thoughts from others.	-			
19. After I hit someone, I wish I hadn't.	1			
20. I have an imaginary friend.	-	-	<del> </del>	
21. I think about everything I do.				
22. I cannot stop myself from crying.				
23. I open my eyes and see I am in a strange place.	-			
24. I want to play and I want to read and I			1	
cannot decide.				
25. I'm angry, but I don't want to be.				
26. I cannot stop my thoughts, but I would like to.		-	1	-
27. My mind cannot stop my body from doing things				
I don't want to do.				
28. I feel like I'm somebody else watching me.				
, , , , , , , , , , , , , , , , , , , ,				